



Growing Old Gracefully

(Pastor Kelly Sensenig)



As God's saints, how can we grow old gracefully, reflecting spirituality and manifesting godly conduct and character in our lives?

1. Reassess God's direction for your life (Hag. 1:5, 7; Jer. 6:16).
2. Repent of wrong attitudes and follow God's plan for confession (Rev. 2:5; James 4:9; 1 John 1:9). Think differently and then live differently!
3. Revive your heart according to God's pattern (2 Chron. 7:14; Ps. 85:6).
4. Reapply God's victory to your life (Eph. 6:11-18; Rom. 8:37; Gal. 5:16, 25).
5. Resurface God's fruit in your life (Gal. 5:22-23; Phil. 4:7; Isa. 26:3; Rom. 12:12).
6. Revolve your life around God's Son (Gal. 2:20; Phil. 1:21; 3:10; 2 Cor. 11:3).
7. Reestablish a priority list that reflects God's desires for your life (Matt. 6:33; Ps. 37:4).
8. Remain faithful in God's service (1 Cor. 4:2; 1 Pet. 4:10; 1 Cor. 15:58).
9. Recall God's intimate knowledge about your personal life (Ps. 40:5; 139:17).
10. Realize God's unfailing love for you (Rom. 8:38-39; 1 John 3:1; Jude 21).
11. Rekindle your love for God's companionship as in olden days (Jer. 2:2; Rev. 2:4).
12. Rejoice in God's wondrous blessings (Ps. 23:5; 68:19; 103:2; Eph. 1:3).
13. Relax in God's sovereign and providential ways over your life (Ps. 46:10; 115:3; 135:6; Job 1:20-22; Ephesians 1:11)
14. Rest in God's timing (Ecclesiastes 3:11; Ps. 37:7) – God is never early or late!
15. Read God's Word for guidance and direction (Psalm 119:105; 2 Tim. 3:16).
16. Rely on God's sufficiency (2 Corinthians 3:5; 12:9; John 15:5; Col. 2:10; Ps. 121:1).
17. Recognize God's unchanging purpose (Romans 8:28; 2 Cor. 3:18) - Christlikeness.
18. Reeducate yourself in God's plan for suffering (Job 23:10; Rom. 5:3; 1 Pet. 1:7; John 15:2) – character building.
19. Readjust your life to God's will (1 Peter 4:19; Eph. 5:17; Col. 1:9). "I am willing Lord."
20. Reconfirm your faith in God's plan for your life as you face trials (Prov. 3:5-6; Mark 11:22; James 1:2-3; Heb. 10:35; 1 Peter 1:6-7).
21. Richly enjoy God's freedom in Christ (Gal. 5:1; 1 Tim. 6:17; Luke 4:18; John 8:36) - from the fear of God rejecting us, the sentence of Law condemning us, the regulations that keep limiting us, and the sin that keeps enslaving us.
22. Reflect on God's goodness (Psalm 23:6; 27:13; 33:5; 86:5-7; 107:8, 15, 21, 31).
23. Reconsider God's retirement plan for your life (Ps. 1:3; 71:18; 92:14; Prov. 17:6; 2 Tim. 1:5; Titus 2:2-4; 1 Pet. 5:5).
24. Renumber God's days for your life (Psalm 90:10; James 4:13-14).
25. Replenish yourself with God's inner comfort and healing (2 Cor. 1:4; Ps. 147:3).
26. Reactivate God's strength in your life (Isaiah 41:10; Ps. 27:1). Eagles wings!
27. Refocus your eyes on God's sacrifice of Jesus Christ (Hebrews 12:1-3; Titus 2:14; Luke 24:47; John 12:21) – we would see Jesus!
28. Radiate God's character and likeness (Matthew 5:14; Eph. 5:8).
29. Retrace God's past works and wonders in your life (Psalm 77:11-12; Deut. 15:15). "Roll back the curtain of memory now and then; show me where You brought me from, and where I could have been. Just remember, I'm human and humans forget, So remind me, remind me, dear Lord!"
30. Realign yourself with God's future plans - live in the present tense (Phil. 3:13; Matt. 6:34) - don't live in the past!

31. Remove the weight that God's truth informs you about (Heb. 12:1; Mark 11:28-30).
32. Restart every day in God's presence (Ps. 5:3; Mark 1:35). Morning Manna from Heaven!
33. Reaffirm your commitment to obedience (John 13:17; James 1:22; 1 Sam. 15:22). Can you say, "I am willing Lord to be just exactly what You want me to be?"
34. Review God's new opportunities and ministries for your life (Rev. 3:7; 1 Cor. 16:9) – keep vision in your heart and life. Don't become a musty, dusty, grumpy Christian!
35. Retune your heart to God's song (Psalm 40:3; 42:8; 77:6; Job 35:10; Eph. 5:19).
36. Reverence and worship God's person (Psalm 95:6; 96:9; 100:4; Luke 10:39).
37. Reassure yourself of God's message of eternal life (John 3:15-16; 6:47; 1 John 5:11-12) – blessed assurance!
38. Rediscover God's contentment in the changing seasons of your life (Phil. 4:11; 1 Tim. 6:6).
39. Remember God's faithfulness (Lamentations 3:22-23; 1 Cor. 1:9).
40. Restore earthy relationships in obedience to God's command (Matt. 6:12; Eph. 4:32; Col. 3:13) – forgive, forget, and go on in life.
41. Remain open to advice and suggestions from God's people (Prov. 11:14; 24:6; 27:17)
42. Reinforce God's teaching on Bible separation (holiness) and apply it to your life (2 Cor. 6:14-17; Rom. 12:1-2; 1 Pet. 1:16).
43. Recheck God's command to "hold fast" and never give up the fight (Rev. 2:25; 3:3, 11; 2 Tim. 2:3-4; Jude 3) – stick to the stuff and die with your boots on!
44. Readopt God's example and testimony for your life (1 Tim. 4:12; 2 Tim. 3:14).
45. Resist the devil and his temptations through God's power (James 4:7; Eph. 6:10).
46. Rededicate yourself to God's daily discipleship program, service, and eternal things (Luke 9:23; Rom. 12:1-2, 11; 1 John 2:17; Gal. 6:8-9; Isa. 6:8) – no retirement!
47. Redeem the time as God's servant (Eph. 5:16; Col. 4:5).
48. Reignite a passion for God's return (Titus 2:13; 1 Thess. 2:19; 4:13-18). It may be later than you think! Perhaps today!
49. Reclaim God's precious promises (1 Corinthians 10:13; Ps. 84:11; Phil. 4:19; 2 Pet. 1:4; Heb. 13:5) – tarry at a promise and God will meet you there!
50. Regain an interest in God's Great Commission (Mark 16:15; Matt. 28:19-20; Prov. 11:30).
51. Reach out to others and express God's loving kindness and heart (Gal. 6:10; 1 John 3:18; 1 John 4:18) – it will keep you from being absorbed with your own problems and singing the blues!
52. Reinvigorate your heart by meditating on your future glory in God's presence (2 Corinthians 4:17; Rom. 5:2; 8:23).
53. Respond to others while expressing God's grace – kindness (Col. 4:6; Eph. 4:29).
54. Recheck God's standard rule for living: the main things are the plain things and the plain things are the main things (Eccl. 12:13; Luke 10:42; Phil. 3:13; Matt. 23:24).
55. Remind yourself of God's future reward (2 Cor. 5:10; 2 Tim. 4:7-8; Heb. 6:10; Rev. 22:12; 2 John 1:8). Payday is coming!
56. Reconnect with God's people (Heb. 3:13; 10:24-25; Ps. 84:10; Prov. 17:17; 27:6).
57. Recommit yourself to God's fellowship (James 4:8; Phil. 3:10; Song of Solomon 2:16; 6:3).
58. Revitalize your life by walking in God's presence (Gen. 5:22, 24; 1 Pet. 1:8; Ps. 16:11).
59. Refrain from pity parties – promote God's Word and praise (Ps. 119:172; 145:21).
60. Resubmit yourself to God's cause and finish well (2 Tim. 4:8; 1 John 2:28).



"Do all the **good** you can, By all the **means** you can,
 In all the **ways** you can, In all the **places** you can
 To all the **people** you can, As **long** as you can."
 (John Wesley)