

Our Lord's Resurrection Body

Many deny the **bodily** resurrection of Jesus Christ, but the Bible proclaims this fact in unmistakable terms. The Scriptures are very specific in describing our Lord's resurrection body. Consider the following:

1. It was a body that was missing from the tomb (Mark 16:6; Luke 24:3,23; John 20:2,12).
2. It was a body that could be seen (Matthew 28:10,17; Mark 16:14; John 20:18,25,29; Acts 1:3; 1 Corinthians 15:5-8).
3. It was a body that could speak (Matthew 28:9,18-20; Mark 16:15; Luke 24:17,32; John 20:18).
4. It was a body that had hands and feet (Matthew 28:9; Luke 24:39-40,50).
5. It was a body that could stand (Luke 24:14; John 20:19; 21:4)
6. It was a body that could walk (Luke 24:14-15,28).
7. It was a body that could breathe (John 20:22).'
8. It was a body that could prepare a meal (John 21:9,12-13).
9. It was a body that had flesh and bones (Luke 24:39).
10. It was a body that could be touched and held onto and handled (Matthew 28:9; Luke 24:39; John 20:17—"stop clinging to Me").
11. It was a body that could hold and handle bread and other foods (Luke 24:30; John 21:13).
12. It was a body that could eat (Luke 24:30, 41-43).
13. It was a body that still had the wounds or scars from His crucifixion on His hands and on His side (John 20:27).
14. It was a body that could appear in another form (Mark 16:12).
15. It was a body that could vanish out of sight (Luke 24:31).
16. It was a body that could pass through a sealed and secured tomb and through locked doors (Matthew 27:62-66; John 20:19,26). Apparently His body also passed through the linen grave clothes (John 20:6-8).
17. It was a body that could go up into heaven (Mark 16:19; Luke 24:51; Acts 1:9) and that also could return to earth many centuries later (Acts 1:9-11).

Some of these descriptions are very normal, such as speaking, eating, standing, walking, etc. Some of these descriptions speak of activities which are abnormal and unusual: appearing in another form, vanishing, passing through solid objects, etc.

All of this is fascinating when we remember that Philippians 3:20-21 teaches us that the believer's resurrection body will be patterned after "His glorious body."