

There Is One and and Only One Thing to Worry About!

1 Corinthians 7:29-33

Due to our sinful fallen nature and our failure to trust our Heavenly Father for all things, we are very prone to worry about almost everything. God's Word tells us we are to be anxious or worried about **nothing**, as we pray and depend upon our Lord for **everything** (Phil. 4:6-7). Martha was full of care and troubled about **many things** (Luke 10:41), when she should have been concerned about **one thing** (Luke 10:42).

There is just one thing that we should be worried about each day, *and that is our relationship with the Lord*. That should be our only concern. If our vertical relationship is what it should be, then all of our horizontal relationships will be taken care of. Though trials beset us, though difficulties surround us, though responsibilities seem to bury us—yet **there is but one thing that really matters**: Is my heart right with God? Our Lord can take care of everything else, but we need to take care of our relationship with Him.

Am I enjoying fellowship with my Saviour (1 John 1:3)? Is there any sin standing between me and my Lord (Psalm 139:23-24; 1 John 1:9)? Am I being controlled by the Holy Spirit or by the flesh (Eph. 5:18; Gal. 5:16)? Am I grieving the Holy Spirit by any unholy thoughts, words or deeds (Eph. 4:26-31)? Do I delight to do His will, whatever it may be (Psalm 40:8)? Is pleasing the Lord the only things I care about (1 Cor. 7:32; 2 Cor. 5:9)? Am I doing everything I do for the glory of God (1 Cor. 10:31)? **“Keep thy heart with all diligence; for out of it are the issues of life”** (Prov. 4:23).

I beseech you brethren, that you be not worried (concerned) about anything except for your relationship with your God! Nothing is more important!

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